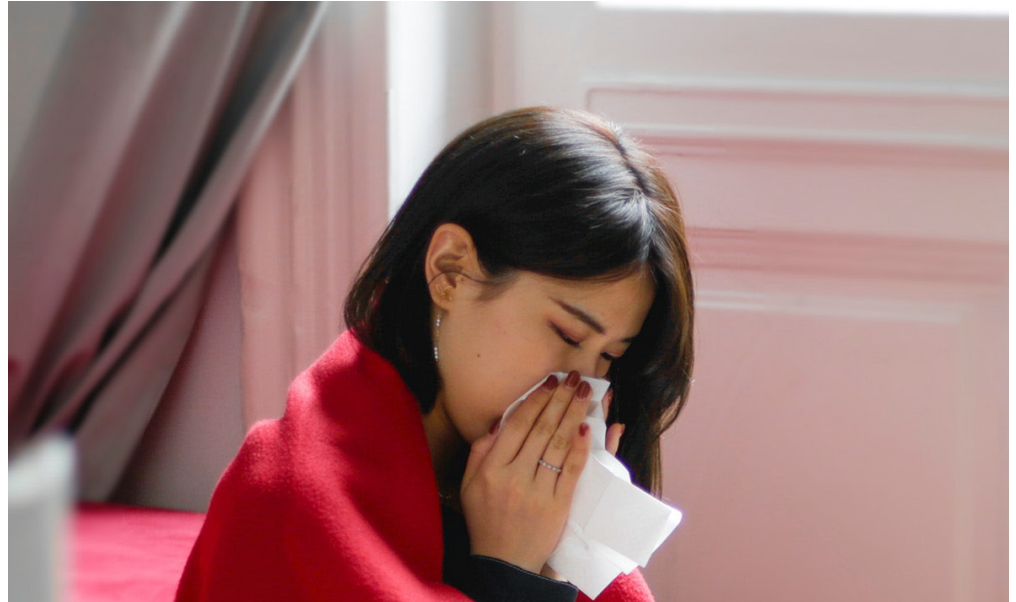


STOP THE SPREAD OF GERMS

Help stop the spread of respiratory diseases like COVID-19



Avoid close contact with people who are sick



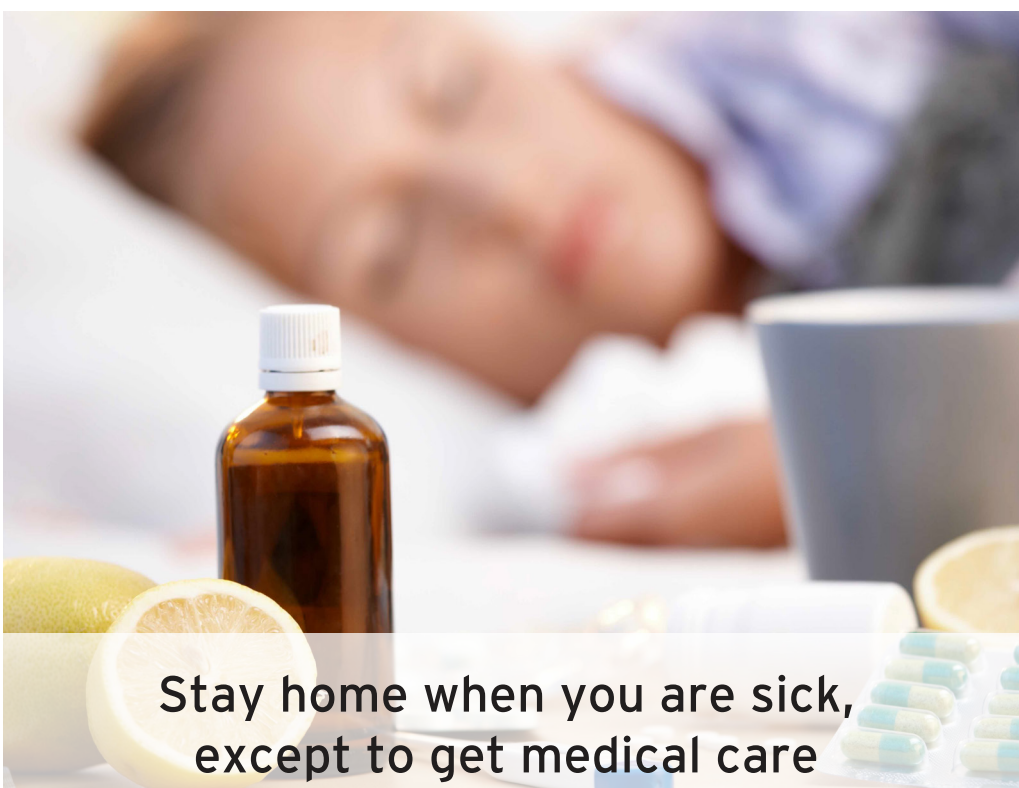
Cover your cough or sneeze with a tissue, then throw the tissue in the trash



Avoid touching your eyes, nose and mouth



Clean and disinfect frequently touched objects and surfaces



Stay home when you are sick, except to get medical care



Wash your hands often with soap and water for atleast 20 seconds